



Aetna Better Health® of Virginia

1-855-652-8249
TTY 711

www.aetnabetterhealth.com/virginia

Added benefits:

Adult dental

- 2 exams and cleanings and 1 set of x-rays each year, plus fillings, root canal and dentures (up to \$525 each year)

Adult hearing

- Exam and 1 hearing aid each year (up to \$500 each year)

Adult vision

- Eye exam and \$100 for frames, glasses or contacts each year

Phone services

- Free smartphone with 350 free minutes each month, data and free unlimited texts

Wellness programs

- Wellness rewards card
- Regional wellness center

Other benefits

- Memory alarms and devices
- Community health worker
- Diabetic shoes or inserts
- Free rides to grocery store, farmers market, food pantry, church or exercise classes (30 round trips each year)
- Meals delivered to your home after discharge, 2 meals each day for 7 days



Anthem HealthKeepers Plus
Offered by HealthKeepers, Inc.

1-855-323-4687
TTY 711

www.anthem.com/vamedicaid

Added benefits:

Adult dental

- 2 exams and cleanings and 1 set of x-rays per year

Adult hearing

- 1 exam, \$1,000 for hearing aids and 60 batteries per year

Adult vision

- 1 eye exam and \$100 for glasses (lenses and frames) per year

Phone services

- Free smartphone with 350 free minutes, 1 GB data each month and unlimited texts

Wellness programs

- Online search tool to find food, jobs and more
- Healthy Rewards gift card (up to \$50 per goal)

Other benefits

- Up to 3 rides every 3 months to community events, grocery stores and more
- Coupons with over \$1,000 in savings to local stores
- \$50 for assistive devices and \$50 for walker and wheelchair accessories
- Air purifier (with approval)
- Online peer support services
- Meal delivery after hospital or nursing facility discharge



1-800-424-4524
TTY 711
www.MCCofVA.com

Added benefits:

Adult dental

- 2 exams and cleanings and 1 set of x-rays each year (up to \$550 each year)

Adult vision

- \$150 for glasses or contact lenses every two years

Phone services

- Free smartphone with 1,000 free minutes, 1 GB of data and unlimited texts

Wellness programs

- Healthy Rewards gift cards (up to \$50 each year)
- Annual adult physicals
- Annual sports physicals for children

Other benefits

- Fresh meals delivered to your home after discharge
- Environmental, home and vehicle modifications as needed (restrictions apply)
- Additional personal care attendant support
- Online tool for anxiety, insomnia and depression
- Online directory of community services and organizations
- Enhanced OTC medications (up to \$50 per quarter)
- Bicycle helmets for children



1-888-512-3171 or 1-757-552-8360
TTY 711
www.optimahealth.com/communitycare

Added benefits:

Adult dental

- 1 exam, cleaning and set of x-rays each year

Adult vision

- Discounts on eye glasses

Phone services

- Free smartphone with 350 free minutes, 1 GB of data and unlimited texts

Wellness programs

- Help to quit smoking
- Weight management
- Online search tool to find community resources, health plan services and programs

Other benefits

- Assistive devices
- Access these services through Care Coordinator:
 - Extended respite for caregivers
 - Diabetic foot care
 - Memory alarms and devices
 - Meals delivered to your home after discharge, 2 meals each day for 7 days
- Up to 3 round trip rides every 3 months to community events, grocery stores and more
- MDLive: 24-hour doctor access for non-life threatening health questions or medical needs



1-866-622-7982
TTY 711

www.uhccommunityplan.com/va

Added benefits:

Adult dental

- 2 exams and cleanings and 1 set of x-rays each year

Adult vision

- Eye exam each year and frames and lenses every 2 years if needed

Phone services

- Free smartphone with 350 free minutes each month and unlimited texts

Wellness programs

- Annual adult wellness exam
- Resources to quit smoking
- Weight Watchers: 10 meeting vouchers each year, resources for healthy eating and weight loss

Other benefits

- Health4Me® free mobile app for health tips, reminders and care team secure messaging
- Meals delivered to your home after discharge from inpatient hospital or nursing facility, 2 meals each day for 7 days
- Environmental and home modifications for all members, when needed
- Prenatal and postpartum program with incentives



1-877-719-7358
TTY 711

www.virginiapremier.com

Added benefits:

Adult dental

- 1 exam, cleaning and set of bitewing x-rays each year

Adult hearing

- 1 hearing aid, exam and fitting (up to \$1,250 every 36 months)

Adult vision

- 1 eye exam and up to \$100 for frames or contact lenses every 24 months

Phone services

- Free smartphone with 350 free minutes, data and unlimited texts

Wellness programs

- Personal fitness program for your specific needs
- Wellness reward gift cards
- Nutrition education program
- Registered nurse and text-based programs to help manage chronic conditions

Other benefits

- Access to CVS Minute Clinic
- Online access to health plan services and resources
- Meal delivery after hospital or nursing facility discharge for up to 14 days